

DEMSN Mesa Student Clinical Uniform & Equipment Requirements

Uniform and Appearance Policy:

DEMSN students are discouraged from purchasing items other than the approved and designated uniform pieces because they will not be allowed to be worn in the clinical setting and thus will result in unnecessary and added expense. All uniforms and shirts must be purchased and in your possession before Student Success Week. Please see Scrub Ordering and Patch Instructions in the Moodle.

An Alverno photo clinical ID must always be worn with the uniform in clinical settings; this will be ordered at the same time as your student ID and is charged as a course fee.

Equipment required for clinical courses is identified in course syllabi. Students are required to furnish the basic medical equipment necessary for client care (e.g., stethoscope), which can be purchased through local medical supply stores or in some cases through Scrubs n' Scopes. Students are advised to clearly mark their personal medical equipment with their name.

Equipment needed beginning in N-524: Health Assessment and Clinical Skills

- Uniform, shoes, clinical ID badge
- Stethoscope, with bell and diaphragm
- Wristwatch with a second hand
- BP cuff
- Reflex hammer
- Penlight
- Tuning fork

At this time, **N-526** does not require any additional equipment beyond what is listed above.

Appearance Expectations

It is expected that students consistently maintain a professional appearance in the clinical setting that demonstrates respect for and facilitates the safety of clients, others, and self.

Please Note:

Beyond clinical sites, you are aspiring nursing professionals and should always show a standard level of professionalism in the classroom and when representing Alverno in the community. Exposure of the chest, abdomen, and buttocks are not acceptable in these professional contexts and must be avoided.

What is expected of you:

- A clean, pressed uniform or attire appropriate to the setting, that is free of tobacco-smoke, pet-hair, and cologne or scented lotion. Third-hand smoke poses a danger to our patients.
- Once your scrubs are ordered and received, make sure to have your patch embroidered on the left sleeve of your scrub top before clinicals start. Pants should not be too long that they drag on the ground. If so, you must have them tailored to the correct height.
- An optional long-sleeved black shirt may be worn under the red Alverno clinical uniform top.
- When your environment calls for your Alverno clinical uniform, socks must always be worn; the color of the socks should match either the shoes or pants.
- Clinical shoes are used EXCLUSIVELY for clinical practice. Clinical shoes are to be all white, black, or red, without decoration. “Croc-type” shoes (without holes) may be worn. If the shoe requires shoelaces, they must match the shoe.
- Simple jewelry, including a maximum of one small post earring per ear, may be worn. No other facial, oral, or body jewelry is acceptable and may pose a danger in some environments.
- Light makeup is acceptable; fragrances are not, including strongly scented lotions.
- Meticulous personal hygiene and grooming are nonnegotiable.
- Clean hair of a naturally occurring color, coiffed in a hairstyle that is neat and off the shoulders.
- Clean shaven face. If present, beards must be clean and neatly trimmed.
- Clean and trimmed fingernails without nail polish; artificial nail tips, acrylic nails, etc. will not be permitted.
- Tattoos are covered when possible.
- Refrain from gum chewing during clinical practice.
- Refrain from smoking while traveling to clinical settings and during clinical practice breaks. Third-hand smoke poses a danger to our patients.
- Pregnant students should consult with their clinical instructor regarding uniform requirements.

Students may be dismissed from the clinical environment for violations of this appearance policy. Absence from the clinical environment may jeopardize students’ ability to be successful in the course.

You are responsible for being compliant with this policy. If you have any questions, please contact your clinical instructor or academic advisor.